AIBA Anti-Doping



Why Do You Need to Care?

- Doping is Cheating, not only a disrespect of your opponents but also a disgrace to the sport of boxing
- Serious consequences once you are found doped

Try to imagine if you lose in a gold-medal bout because your opponent is doped

What Rules to Follow and Where to find Guidance?

- AIBA Anti-Doping Rules
- WADA Prohibited Substance List
- WADA Athletes Reference Guide to 2015 WADA Code



What do You Need to Know as an Athlete ?

- In-Competition Testing
 - Urine or Blood sample collection
- RTP & Out-of-Competition Testing
- Therapeutic Use Exemptions (TUEs)





What do You Need to Know as an Athlete ?



In-Competition Testing

This is a quick guide to help you understand what you should and can do during a doping test.

- You will be notified, and must sign consent, on completion of your competition.
- You must provide photo ID and report immediately to Doping Control.
- Inform the Doping Control Officer (DCO) / Chaperon if you wish to warm down, complete media commitments or attend a medal presentation.
- You must be accompanied by and be in sight of the DCO and/or Chaperon at all times until the test is complete.
- You can have a representative with you.
- You should keep a copy of every form. This is usually the pink copy.
- You should record all medications and supplements taken in the last 7 days.
- You can eat and drink but should choose sealed drinks provided in Doping Control.





In-Competition Testing

- You must check every detail of the form.
- Check that all bottle numbers match. Also that check partial samples and blood sample tubes (if a blood test is included) match.
- Check that the volume, specific gravity and time markers are correct.
- Write down all medication and supplements taken in the last 7 days.
- Record any comments on the procedure that you may have.
- Remember to double check everything.
- You, your accompanying person and the DCO and/or Chaperon must all sign the form.
- You will have a copy of the form. You should keep your pink copy safe at least until you receive notification of a negative test.

	DOPING CONTROL FORM FORMULAIRE DE CONTROLE DU DOPAGE					
	La					
	2. GRUTTURGRAFTING - RATIONATIN CONCISSION IN FORM					
	an and an and an and an and an					
	1. INFORMATION FOR AMALITEE - INFORMATIONSCONCERNARY EXMANLE					
	**					
	T an and another when another and an and an and					
	110					
	140 140					
	1+0 1+0					
	• Construction of the second s second second se					
	101-002-002-002-002-002-002-002-002-002-					
	A CONTINUETION OF PROCESSING FOR UNIVERSITIES - CONTINUETION OF A CONTINUETICO OF					
	Jaho Halli, Jaho H					
	ALL DIALON - WENNER WITH					
	low-m low-					
	 A film to memory with several statements and a state of the several period is a statement with an a state of the several statement of					
+	REPORTED/INGEN SPORT Inter/Apenhap wale was any - SEARLY IN ACTED EXMEETING SESSION REPORT. https://penhap.andv.ens.org					
	THE STATE OF AN ADDRESS OF ADDRES					

In-Competition Testing-Blood Sample

- If you also need to provide a blood sample you will need to fill in a further blood sampling form.
- You must consent to giving the blood sample. You wait for two hours post exercise and you will have to sit down for 10 minutes prior to having the sample drawn.
- Fully check all sample codes and other details.
- Record any recent altitude trips or hypoxic tent use as well as blood transfusions or significant loss of blood.
- Remember to double check everything before you sign and hand over the form.
- As in the urine test you need to take and conserve your pink copy of the form.

	DOPING CON	TROL FORM		D'Austrant and a state of the s		
FOR	MULAIRE DE COI	TROL FORM VTRÔLE DU DOPA	GE	and it must be a manufacture		
	CATHON - ROTATION OF S		2			
22235						
1007						
triviamater"		TTTT:	TIT		NAME AND ADDRESS OF ADDRESS OF	
Construction of the						
- STOR				PARTICULAR DA		
2.411.001	3. discrite information - inclanution concrement at sports?					
[Laboration	202 (annual and		and and	(m		
Service Courses and		()				
1. NORMATION 1	OR AKALYSE - INFORMETICA		and - 20 black out the and	Less come	Sauran - Mark Strength	
	1	Description of the	TITT		TITT	
	weighter [] allows	84	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			
			16.0.0			
PARTIAL SAMPLE/ ECHANTELON PARTIES						
(T) ***	March 1	and a share of	Post And	_wither and a lot of the		
8000	A/B		1.0			
SITT	1 A/B		1+0			
SITT	A/B		140			
311	A B		3,0			
and an other states of	CONTRACTOR AND ADDRESS OF A DECEMBER OF A DE					
Without the state	In the Property of the Content of					
	Ministration of the second sec					
1000.0110.00.00001						
2						
F	A, COMINNATION OF PROCESSING YOR WINNE AND ON BLOOD SECTION - CONTINUATION BE LA PRINCÉDURE POUR LE CONTRÂLE D'UNINE ETTORS DE LANSE					
MALE STREET,	COLUMN TWO IS NOT			10001241 0 10110 01112 0111	ē	
)(Gere		
	and states and a second states and					
BUILD SO AL MORE	The second					
A ADVANCIAL AND ADVANCES	A Distance of the second structure of the second					
of a strategies of the local sectors.	content () a content ad investment to be	constitutions and a second		FROM LODGE		
	TRANSIN SPORT MIN	Annual an event over a	SUBJECT IN ACTIVATION	WALFORMS OF SPORT : Indeput/spends	an analy street and	

RTP & Out-of-Competition Testing

Athletes at the highest level of their sport are selected for what is known as a Registered Testing Pool, or RTP.

What is the Registered Testing Pool?

- The RTP includes all athletes subject to Out of Competition testing.
- Athletes are required to provide full quarterly <u>whereabouts</u> details and a 60 minute, no notice, time slot where they can be found without fail.
- AIBA will concentrate it's testing on the RTP but can test any athlete at any time.
- The RTP is reviewed and updated on a regular basis.
- An athlete receives full notification of their addition to, and removal from, the RTP.
- Removal from the AIBA RTP does not mean removal from any national anti-doping organisation RTP.

Whereabouts & ADAMS

You must submit quarterly whereabouts details to ADAMS, including:

- A 60 minute daily slot where you can always be located & tested. This must be between 05:00 and 23:00 in the time zone of the location.
- An overnight residential address. Your home, temporary accommodation, a hotel etc.
- A mailing address for any formal notices.
- Any regular activity. Training, work etc. with a name, address and helpful explanations of all activities.
- Your competition schedule. Names, addresses and dates.
- Details of any travel longer than 24 hours where the above details cannot be provided.
 Flight numbers, airport or hotel layovers etc.

Whereabouts, ADAMS & Tips

whereabouts@aiba.org will assist you if you have any questions.

- It's your ADAMS so take the time to learn how to use it and find your way around the site.
- Save any regularly used addresses and training locations to help speed up quarterly submissions.
- If you do put your 60 minute slot at a training location put a copy of your passport in your training bag and, just in case, take a separate copy or a photo on your phone to provide ID easily.

Know the Risks

Case 1

One day, you feel weak and dizzy when you get up in the morning. You feel that you might have caught a flu.

You go to see a doctor right away because the World Championships is coming up in 3 weeks and it is your final chance to qualify for the Olympic Games. Of course you don't want your preparation to be interrupted.

After examining you, the doctor prescribes you with some medicines. Almost immediately you feel much better after taking the medicine.

What are the risks you see in the story?

Prohibited Substance List

TUEs



What is a TUE?

Better to be Safe than Sorry

- A Therapeutic Use Exemption (TUE) is an official medical document giving an athlete permission to take a medication that is ordinarily prohibited, for the treatment of a legitimate condition.
- It is only valid for a given period of time.
- It gives permission for the athlete to take the defined medication while competing without them registering a doping offence.
- Any TUE request to AIBA has to be submitted through the ADAMS system only. In accordance with the AIBA ADR, TUE applications should be sent at least thirty (30) days before your next competition.

For more Info https://www.aiba.org/therapeutic-use-exemptions-tues/

Know Your Risks

As an athlete you are solely responsible for whatever that is in your body at all times.

Our advice is simple:

IF IN DOUBT, DON'T TAKE IT.

Q & As

- Who is ADAMS?
- What is a DCO?
- What is a RTP?