



# Amateur Boxing Association of Sri Lanka

Affiliated to the International Boxing Association (AIBA) & Asian Boxing Confederation (ASBC)  
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## **Trial Meet to select boxers for 5<sup>th</sup> Commonwealth Boxing Championships - 2010** **New Delhi, India from 10<sup>th</sup> to 18<sup>th</sup> March 2010**

All Constituent/Registered/ Affiliated Clubs  
All Executive Committee Members of ABA

1. **Dates, Venue and Time**

On 16<sup>th</sup>, 17<sup>th</sup> and 18<sup>th</sup> of February 2010 at Royal College Boxing Hall commencing from 5.00 pm on each day.

2. **Rules of the Competition**

The meet will be conducted according to the AIBA rules 2008.

3. **Weight Categories ( New Weight Classes for year 2010)**

Light Fly Weight	- 49 Kgs
Fly Weight	- 52 Kgs
Bantam Weight	- 56 Kgs
Light Weight	- 60 Kgs
Light Welter Weigh	- 64 Kgs
Welter Weight	- 69 Kgs

4. **Eligibility**

This meet is open to any male boxer who has won Bronze, Silver or Gold medal at ABA Major Meet or Gold medal / Silver Medal at the Stubbs shield and Gold Medal at the Junior Nationals Championships during 2006 to 2009. Proof of qualification should be entered in the entry form and certify by the President/ Secretary of the Club. Those Boxers who are between 17 and 34 years or born between 1993 and 1976 are allowed to compete at this meets. No Fresher will be allowed to take part in this meet.

5. **Rounds and Duration**

Each bout will consist of 3 rounds of 3 minutes each with 1 minute interval between them.

6. **Gloves & Bandages**

- Only 10 oz (284 Gms) AIAB approved gloves manufactured by one of the AIBA official Boxing Equipment Licensees will be used and they will be provided by the ABA.
- AIBA approved / Licensees bandage must be used. A bandage must not be longer than 4.5m and shorter than 2.5m. The bandage should be 5.7 cm wide.

7. **Prohibited CONDITIONS**

- If a boxer wears a dressing on a cut, wound abrasion, laceration or blood swelling on their scalp or face including the nose and ears will not be allowed to box. For the case of a boxer with abrasion or laceration, no dressing other than Collodion or Steri- Strip is allowed
- A boxer shall be clean-shaved before the medical examination and before the weigh-in. Beards and moustaches are not allowed. No type of body piercing and nobody accessories are allowed to be worn during a bout.

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- c. Before resuming boxing after any of the period of rest due to KOH (Knock Out Head) or RSC H (Referee Stopped the contest due to head blow) a boxer must be certified by a doctor as mentioned below:
- (1) One KO H or RSC H Should certified by a MBBS doctor
  - (2) Two KO H or RSC H within a period of three months – Neuron Surgeon
  - (3) Three KOH or RSCH within a period of twelve months - Dr FA Rajakulendran

8. **Medical Examination – Weigh-in and draw**

The preliminary weigh-in preceded by the medical examination will be held on the **16<sup>th</sup> February 2010 between 8.00 to 10.00 am** at the Sugathadasa Indoor Stadium (Near Badminton court) and weigh-in and medical examination on 17<sup>th</sup> and 18<sup>th</sup> February 2010 will be held from 8.00 to 9.00 am at the Sugathadasa Indoor stadium. The draw will commence after the completion of weigh in on the first day.

9. **Entries**

Clubs can enter any number of boxers as per the qualification laid above. Entries should be posted or faxed to above address / Fax number before 10<sup>th</sup> February 2010. Medical certificate obtained from a Western qualified doctor should be produced at the weight-in. Entries received after this dead line may be rejected. Entry fees should be paid before the weigh in.

10. **Selection Criteria**

The suitable boxers who process good physical fitness, better style, Endurance and show better performances will be considered for the selections. However the past International and Local meet performance will also be considered. The selected boxers will be nominated to represent Sri Lanka for the 5<sup>th</sup> Commonwealth Boxing Championships 2010 in India. The selected boxers are required to report to the National Residential Boxing Pool at Slimline (Pvt) Ltd on Sunday 21<sup>st</sup> February 2010 in order to undergo special training session under the Cuban Coach. Further to this selection, all suitable boxers will be selected for the residential National boxing pool on the performance shown at this meet in order to groom under New Cuban Coach for future International Tournaments throughout the year 2010.

Yours in Boxing



**Lt Col Hemantha Weerasinghe**

Hony Secretary  
ABA of Sri Lanka

12<sup>th</sup> January 2010

Copy:  
President – BRJ of Sri Lanka

**Lt Col AH Weerasinghe**  
**Hony Secretary**  
**Amateur Boxing Association of**  
**Sri Lanka.**